

Facilitating Coaching Circles

Live Workshop Agenda*

DAY 1 – The First Session

1. Connecting (75 min)

- Mindfulness practice
- Creating a safe space for learning
- Introductions
- Orientation for the day
- Coaching themes

2. Coaching

- Individual airtimes (45 min each)
- Dialogue (15 - 20 min)
 - Rhythm & flow
 - Openings & threads
 - Role of facilitator-coach – Attending at multiple levels

3. Completing (30 min)

- Observations about facilitation & coaching
- Review of coaching theme
- Final reflections
- Preparations for Day 2

DAY 2 – Facilitator-Coach Practice

1. Connecting (30 min)

- Mindfulness practice
- Review of agenda & roles
- Map of client/facilitator airtimes
- Feedback & self-observation

2. Coaching

- Individual airtimes (45 min each)
- Dialogue (20 - 30 min)
 - Self-observation by facilitator-coach
 - Peer observations & questions
 - Teacher observations & distinctions

3. Completing (30 min)

- Personal insights
- Perspectives on the value of coaching circles
- Individual development edge

*Day 1 requires completion of the first 5 modules of the Facilitating Coaching Circles Online Course. Day 2 requires completion of all 11 coaching and facilitation capsules.